



PE Overview 2024-2025

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Gym/ Dance	PE/ Games	Gym/ Dance	PE/ Games	Gym/ Dance	PE/ Games	Gym/ Dance	PE/ Games	Gym/ Dance	PE/ Games	Gym/ Dance	PE/ Games
EYFS On-going through EYFS curriculum area Physical Development.	Gym Unit 1	Cooperate & solve Problems Unit 1	Dance Unit 1	Manipulation & coordination Unit 1	Body management Unit 1	Speed Agility Travel Unit 1	Gym Unit 2	Cooperate & solve Problems Unit 2	Dance Unit 2	Manipulation & coordination Unit 2	Body Management Unit 2	Speed Agility Travel Unit 2
Year 1	Gym Unit 1	Attack, Defend, Shoot Units 1 & 2	Dance Unit 1	Hit Catch Run Unit 1	OAA	Send & Return Unit 1	Gym Unit 2	Run Jump Throw Unit 1	Dance Unit 2	Hit Catch Run Unit 2	Send & Return Unit 2	Run Jump Throw Unit 2
Year 2	Gym Unit 1	Attack, Defend, Shoot Units 1 & 2	Dance Unit 1	Hit Catch Run Unit 1	OAA	Send & Return Unit 1	Gym Unit 2	Run Jump Throw Unit 1	Dance Unit 2	Hit Catch Run Unit 2	Send & Return Unit 2	Run Jump Throw Unit 2
Year 3	Gym Unit 1	Tag Rugby	Dance Unit 1	Hockey	OAA	Netball	Swimming/ Gym Unit 2	Swimming/ Football	Swimming/ Dance Unit 2	Swimming/ Rounders	Swimming/ Athletics	Swimming/ Tennis
Year 4	Swimming/ Gym Unit 1	Swimming/ Tag Rugby	Swimming/ OAA	Swimming/ Hockey	Swimming/ Dance Unit 1	Swimming/ Netball	Gym Unit 2	Football	Dance Unit 2	Rounders	Athletics	Tennis/ Cricket
Year 5	Gym Unit 1	Tag Rugby	Dance Unit 1	Hockey	OAA	Netball	Gym Unit 2	Football	Dance Unit 2	Rounders	Athletics	Tennis/ cricket
Year 6	Gym Unit 1	Tag Rugby	Dance Unit 1	Hockey	OAA	Netball	Gym Unit 2	Football	Dance Unit 2	Rounders	Athletics	Tennis/ cricket